



## FAQ: WHAT IS PLAY THERAPY?

Play Therapy is a powerful tool for addressing cognitive, behavioral, and emotional challenges. Play helps to build trust, regulate emotions, reduce anxiety, encourage open communication, and increase self-esteem. Research shows that Play Therapy is effective regardless of age, gender, or type of abuse. You can learn more at [www.a4pt.org](http://www.a4pt.org).

**"YOU CAN DISCOVER MORE ABOUT A PERSON IN AN HOUR OF PLAY THAN IN A YEAR OF CONVERSATION."**

**-PLATO**



## HAPPY HOLIDAYS FROM THE CHILDREN'S CENTER

### THE 22ND ANNUAL GALA IS FAST APPROACHING!

The 22nd Annual Children's Center Gala will be held on Saturday February 9th at Downstream Casino and Resort.

Thank you to all of our volunteers, sponsors, and guests!

### CHILD WELFARE FOR FAITH COMMUNITIES: A CONFERENCE FOR CHURCH LEADERSHIP

Children's Center, the Rapha House, Choices Medical Services, and the Anti-Human Trafficking Coalition of Southwest Missouri are co-hosting a special conference for church leaders, and anyone working with children in a faith community, on how best to protect children from abuse and exploitation. The event will include a panel discussion on the dynamics of sexual abuse and the role of the church in child protection. Then, Rapha House and Children's Center will co-present a training on policies, procedures, and practices that will best promote safety and protect children and adults. The training will be held at the Anderson Criminal Justice Auditorium at Missouri Southern, on Tuesday January 15th from 1:00-4:30. Attendance is free, just RSVP to [intern@childrens-center.org](mailto:intern@childrens-center.org).



### Thanks, Roper Kia!

The Children's Center was very grateful to participate in Roper Kia's Frosty and Friends Car Giveaway. Community members donated snacks, toys, and bottled water for our kids in exchange for a chance to win! Thank you Roper Kia and everyone who donated!



## WISH LIST

- Winter Hats
- Gloves
- Giftcards

See the rest of our wishlist at: <http://a.co/7WDTvLT>