#### OCTOBER 2018

#### WWW.CHILDRENS-CENTER.ORG

## FAQ A NOTE FROM ONE OF OUR CLINICAL CHILD THERAPISTS

October is Damestic Vialence Awareness Manth Break the silence. End the violence NATIONAL DOMESTIC ABUSE HOTLINE: 1-800-799-7233

NATIONAL SEXUAL ASSAULT HOTLINE: 1-800-656-4673

As a children's therapist, I often get the question from parents, "How long will it be before my child gets better?" Of course, with each child's needs being different, there is no exact time frame from which to predict. This question is asked because parents are often very worried that their child will never overcome the effects of trauma. Informing them that research has demonstrated that even children with serious symptoms or multiple traumas improve following trauma-focused treatment conveys a sense of hope and confidence, which results in emotional validation and a greater likelihood of cooperation during the treatment process. It is important to normalize both the child's and parent's responses to trauma. In this regard, it is very comforting for a parent to learn that his/her child's responses following a traumatic event are not unusual, even though the child may be behaving in ways that are not typical for him or her.





#### 22ND ANNUAL CHILDREN'S CENTER GALA

The "Chinese New Year" formal evening will begin with cocktails and a silent auction followed by an elegant dining experience. An exciting live auction, dancing, and entertainment will bring the event to a close. Sponsorship opportunities are available! Tickets now available at www.childrens-center.org/gala

WE HOPE EVERYONE HAS A FUN

AND SAFE HALLOWEEN!

Karla Bunch, Clinical Child Therapist

### **CHILDREN'S CENTER HOSTS MDT TRAINING**

The Children's Center and Joplin Police Department hosted Erin Lueker from the Missouri Office of Prosecution Services for a two-day multidisciplinary team training. Erin presented information about corroborating evidence, testifying in court, the roles of each agency in an investigation, and working together as a multidisciplinary team. Trainings like this one help our local child serving agencies to work more efficiently and effectively to prosecute perpetrators and protect children. Thank you to the Missouri Office of Prosecution Services for offering this training free of charge, and thank you to our friends at the Joplin Police Department for allowing us to use their facility.

# WISH LIST

- Bottled Water
- Drawstring Sweats
  (All Kid & Teen Sizes)
- Backpacks

See the rest of our wishlist at: http://a.co/7WDTvLT