

Prevention is Key!

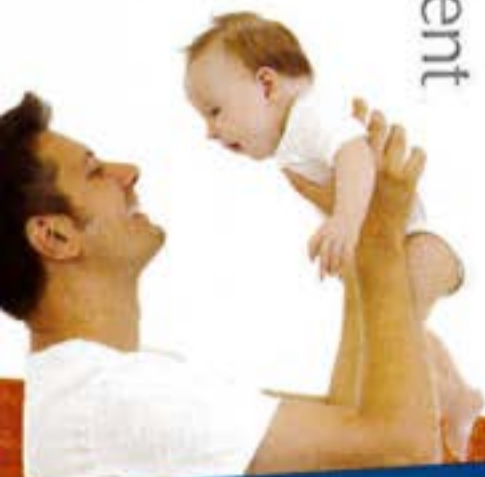
Bringing the Protective Factors Framework to Life in Your Work – A Resource for Action

The National Alliance of Children's Trust & Prevention Funds offers a free online curriculum that consists of seven courses, each approximately 2 hours in length:

- Introduction/Strengthening Families 101
- Five Protective Factors Courses
- Moving from Knowledge to Action

For additional information, visit ctfalliance.org/onlinetraining.

Learning
PREVENT
Resilience
Communicate Together
Relationships Value
SAFE
Bonding Friendship
Nurturing
SECURE
Healthy Stress relief
Strong Families
Safe Kids
Encourage
Community
KNOWLEDGE
Caring
TRUST
Connect
Self Confident
Attunement
Positive
Empathy
Stable
LOVE
Families
SMILE



**Children's
Trust Fund**

Missouri's Foundation For Child Abuse Prevention



ctf4kids.org

Strong Families, Safe Kids

Strong Families Safe Kids

Building the Strengthening
Families Protective Factors



Every person & every family needs protective factors!

Protective factors are strengths within families & communities that serve to protect children & promote their healthy development & well-being, especially during times of stress. Building these strengths at every opportunity is a proven way to strengthen families & prevent child abuse & neglect.

- **Parental Resilience.** Strength, flexibility & courage during stress to deal with challenges.
- **Knowledge of Parenting & Child Development.** Parenting is part natural & part learned; there's no such thing as a perfect parent.
- **Social Connections.** Parents need friends, family & neighbors that care about them & their children.
- **Concrete Supports in Times of Need.** Everyone needs help sometimes; it's okay to ask for help, which builds resilience.
- **Social & Emotional Competence.** Through positive interactions with caring adults, children learn to communicate, develop & learn to use their thinking skills appropriately.
- **Nurturing & Attachment.** Children need love & respect to encourage their optimal health & development.

The safety & well-being of our children is essential.

Children who are treated with respect & exposed repeatedly to positive parenting have an increased chance to become caring & nurturing caregivers themselves. In addition, kids that receive the necessary education, care & attention help ensure healthier adults, successful citizens & safer communities.

People, families & kids are everywhere! All stakeholders benefit from learning about the Strengthening Families protective factors:

- Early Care & Education
- Primary Care Providers
- Business
- Education



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